Dear Parent of INCOMING STUDENT,

We’ve put together another Eagle Update for you and your family that’s loaded with important deadlines and critical information in preparation for the fall semester. We’re confident these resources will help you and your student throughout their academic careers.

To kick things off, campus partners have gotten together to create some special content to help incoming students and their families get better acquainted with Oxford. Here’s our July 15 Eagle Update:

**Mental Health & the High-Achieving Student:** This program is for both students and their parents, as it examines some common mentalities that are held by high-achieving students, like those who attend Oxford College. In particular, we’ll discuss ways in which these pervasive norms can lead to mental health concerns, and our campus partners will share resources and alternative mindsets to foster further assistance in the student transition.

**What’s Next?**

To kick things off, campus partners have gathered together to create some events to help incoming students and their families get better acquainted with Oxford. Mark your calendar for these events to learn more about the resources that are available to you.

**Thursday, July 23**

Mental Health & the High-Achieving Student: This program is for both students and their parents, as it examines some common mentalities that are held by high-achieving students, like those who attend Oxford College. In particular, we’ll discuss ways in which these pervasive norms can lead to mental health concerns, but they don’t have to, if we have some awareness and alternative mindsets to offer. Select incoming students and their parents to attend together. Part 1 of a 3-part series.

**Did You Know?**

- Attention: our student leaders who work closely with the International Student Program Office to support new international students and help them successfully transition to life at Oxford. They’re here to help you and your student.
- Attention: our student leaders who work closely with the International Student Program Office to create some events to help incoming students and their families get better acquainted with Oxford. Mark your calendar for these events to learn more about the resources that are available to you.

**VIEW UPDATES AND PREVIOUS MESSAGES**

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